BRITISH CONGRESS

INTERDISCIPLINARY SCIENTIFIC RESEARCH & PRACTICES -V

February 5-7, 2026



London, UK

PROCEEDINGS BOOK

Editors
Dawid WORTLEY
Assoc. Prof. Dr. Ethem Ilhan SAHIN

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Keynote & Invited

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TOTAL PAPERS: 201

The number of papers from foreign countries: **109**

The number of papers from Türkiye: **93**

LANGUAGES

Turkish, English

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Congress on Interdisciplinary Scientific Research & Practices

February 5-7, 2026
London, UK

FACE TO FACE CONGRESS PROGRAM

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CONGRESS PROGRAM

Meeting ID: 862 1528 3413
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Session -1 / Hall-1
07.02.2026
Moderator: Prof. Dr. Mustafa KARABULUT
Meeting ID: 862 1528 3413 / Passcode: 050607
London Local Time: 10:00-12:00
Ankara Local Time: 13:00-15:00

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FIQH REFERENCES OF ARTIFICIAL INTELLIGENCE: SOURCE ACCURACY AND RELIABILITY	Muhammed Mehdi AKSOY	Gaziantep Islamic Science and Technology University, Türkiye
THE RELATIONSHIP BETWEEN LEXICOLOGY AND CONTEXT (SIYAQ) IN UNDERSTANDING THE HOLY QURAN	Remzi NAZLI	Gaziantep Islam Science and Technology University, Turkey
THE COGNITIVE AND EMOTIONAL MATURATION PROCESS IN CHILDREN IN ZEHRA NUR CANPOLAT'S "İZ PEŞİNDE"	Mustafa KARABULUT	Adıyaman University, Türkiye
TRAGIC ELEMENTS IN MEHMET AKIF ERSOY'S POEM "HASIR"	Mustafa KARABULUT	Adıyaman University, Türkiye
USE OF ARTIFICIAL INTELLIGENCE IN SCIENCE EDUCATION BY PRIMARY SCHOOL TEACHERS: A LITERATURE REVIEW	Rukiye Kübra ARTUNÇ KARA Canan YERLIKAYA OKUMUŞ Gökhan UYANIK	Institute of Educational Sciences, Türkiye
SKILL MEASUREMENT AND EVALUATION IN GASTRONOMY AND CULINARY ARTS EDUCATION WITH ARTIFICIAL INTELLIGENCE	Bülent YORGANCI Reha KILIÇHAN	Kayseri University, Türkiye
THE PSYCHOLOGICAL AND PHYSIOLOGICAL IMPACTS OF COLOR APPLICATION IN OFFICE INTERIOR DESIGN	Betul UC	Istanbul Ticaret University, Türkiye
All participants must join the conference 10 minutes before the session time. Every presentation should last not longer than 10-12 minutes. Kindly keep your cameras on till the end of the session.		

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THE PSYCHOLOGICAL AND PHYSIOLOGICAL IMPACTS OF COLOR APPLICATION IN OFFICE INTERIOR DESIGN

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ABSTRACT
The design of modern office spaces, particularly the impact of colors on the psychological and physiological states of employees, is a complex issue requiring an interdisciplinary approach. As individuals increasingly spend significant portions of their work lives in office environments, the importance of these spaces' design in influencing employee productivity, motivation, and overall well-being has grown considerably. In this context, the effects of colors on shaping spatial perception and individuals' psychological states hold critical significance in office design. This study systematically addresses the complex effects of colors on human perception, drawing upon a literature review and the analysis of various office spaces. Detailed analyses of existing color usage in office environments were conducted, and based on these analyses, recommendations for spatial design were developed. The research examined the effects of colors on employee concentration, stress levels, motivation, and even creativity. The findings indicate that appropriate color usage enhances the spatial experience and increases employee satisfaction. Specifically, it was determined that calming blue and green tones increase concentration, while warm yellow and orange tones stimulate creativity. Furthermore, excessively bright and contrasting colors were found to potentially increase stress levels and negatively impact employee productivity. This study aims to provide practical and scientifically grounded guidance for office designers and managers regarding color selection. It emphasizes the necessity of choosing colors appropriate to the space's function, the demographic and psychographic characteristics of employees, and the corporate identity. Additionally, it is suggested that the effects of colors on spatial perception should be evaluated in conjunction with other design elements such as lighting and furniture. Future research should investigate the long-term effects of colors on office workers and how cultural differences influence color preferences.
Keywords: Office design, color design, visual perception, color design principles, spatial perception

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İlgili makama;

5. International British Congress "disiplinlerarası bilimsel araştırmalar ve uygulamaları" 5-7 Şubat 2026 tarihleri arasında Londra, İngiltere'de 26 farklı ülkenin akademisyen/araştırmacılarının katılımıyla gerçekleşmiştir. Kongre kapsamında sunumu yapılan 201 bildirinin 93 adeti Türkiye'den katılımcılar tarafından; 109 bildiri ise 26 ülkeden katılımcılar tarafından sunulmuştur. Kongre 16 Ocak 2020 Akademik Teşvik Ödeneği Yönetmeliğine getirilen "*Tebliğlerin sunulduğu yurt içinde veya yurt dışındaki etkinliğin uluslararası olarak nitelendirilebilmesi için Türkiye dışında en az beş farklı ülkeden sözlü tebliğ sunan konuşmacının katılım sağlaması ve tebliğlerin yarıdan fazlasının Türkiye dışından katılımcılar tarafından sunulması esastır.*" değişikliğine uygun düzenlenmiştir.

Bilgilerinize arz edilir,
Saygılarımla,

David Wortley
Head of Congress

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February 13, 2026

This Official Protocol Declaration is hereby issued by London Sovereign School (hereinafter referred to as "the Institution"), a duly constituted academic and research entity operating within the United Kingdom and possessing full legal personality under applicable UK law.

Pursuant to the Institutional Charter, Academic Regulations, and Internal Statutes, the Senate of the Institution, at its duly convened session held on **14 January 2026**, did hereby adopt and enact Resolution **No. 2026/7**, whereby it is formally decreed that the scientific event specified hereunder shall be organized under the official auspices and academic supervision of the Institution. The said event shall be deemed an official academic undertaking of London Sovereign School and shall be conducted in strict conformity with principles of academic integrity and all applicable legal and regulatory provisions in force.

By virtue of the aforesaid Resolution, the academicians and designated officials serving within the Organizing Committee, Scientific Committee, Advisory Board, and related academic bodies have been duly nominated and ratified by the Senate. The list of appointed members constitutes an integral and legally operative part of this Declaration.

This Declaration shall enter into force upon issuance and remain in full force and effect unless otherwise amended by Senate resolution.

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